



Snohomish County EMS Alternative Destination Checklist v9.5.18

Inclusion Criteria

All must be true:

- 9-1-1 Dispatch
- Age 18 - 55
- Voluntary/willing to go to alternative destination
- Cooperative and non-combative
- Normal level of consciousness
 - No dementia
- Patient able to perform activities of daily living
 - Ambulatory or able to self-transfer if in a wheelchair
 - Able to self-care for indwelling tubes, lines, or catheters

Vital Signs

All must be within the given range:

- _____ HR (50 - 100)
- _____ BP systolic (100 - 180)
- _____ BP diastolic (< 100)
- _____ RR (12 - 24)
- _____ SPO2 (> 92%)
- _____ Temp (97 - 100.3°)
- _____ Blood glucose (70 - 300)

Exclusion Criteria

All must be true:

- NO new onset of mental illness
- NO overdose
- NO trauma requiring more treatment than bandaging
- NO loss of consciousness or seizure in the last 24 hours
- NO pregnancy
- NO evidence of acute medical or traumatic problem
- NO anticoagulants
 - warfarin (Coumadin), clopidogrel (Plavix), prasugrel (Effient), dipyridamole (Aggrenox), apixaban (Eliquis), rivaroxaban (Xarelto), dabigatran (Pradaxa), enoxaparin (Lovenox)

Notes

- More exclusionary criteria may exist or vary between receiving facilities.
- Providers should expect to be asked questions by the receiving facility.
- If accepted for alternative destination, please bring patient medications and medical equipment (CPAP, nebulizer) along as available.
- A full ESO chart is still required indicating accurate receiving facility.

Step by Step

1. Perform a full assessment
2. Ask the patient if transportation to an alternative destination is acceptable/desired
3. Complete the checklist
4. Contact the receiving facility and advise them you have an EMS patient for consideration
5. Contact medical control at PRMCE for confirmation of assessment findings and appropriateness of transport to a non-medical facility
6. A paper checklist documenting inclusion/exclusion criteria must be left at the receiving facility.

Incident #:

Dept name:

Date/Time:

Provider name:

Online Medical Control Physician:

Ask yourself: Can the current condition be explained by another medical issue or trauma? YES / NO
If YES, the patient should be seen by an appropriate medical facility



Snohomish County EMS Alternative Destination



Bailey Building

3322 Broadway, Everett

**Unit Clerk 425-349-7238
Nurse Desk 425-349-7289**

- Snohomish County Triage Center
- Entrance at back on SW corner off of 34th Street
 - 16 beds for short-term crisis stabilization (up to 5 days)
 - *Ideal patient: Off medications but wants to get back on*
 - 6 slots available for people who may need short term “23-hour observation/stabilization” support
 - *Ideal patient: Observation while sobering up*

